

What's happened since 2020?

While most youth identifying as females are still not using substances...

Attitudes towards drug use have relaxed

Female teens are **more likely to agree** that...

32% "Experimenting with drugs is part of being a teen"
+13 since 2020

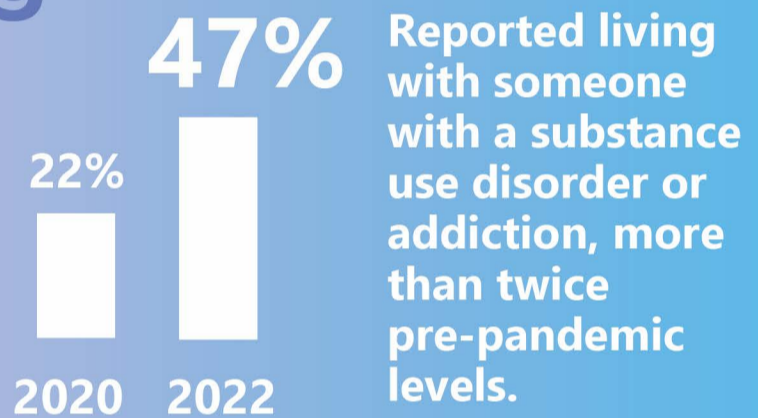
32% "Drugs can help teens manage stress"
+9

22% "Using prescription drugs (stimulants) is safe"
+8

22% "Prescription pain relievers are not addictive"
+15



Life at home is likely more challenging

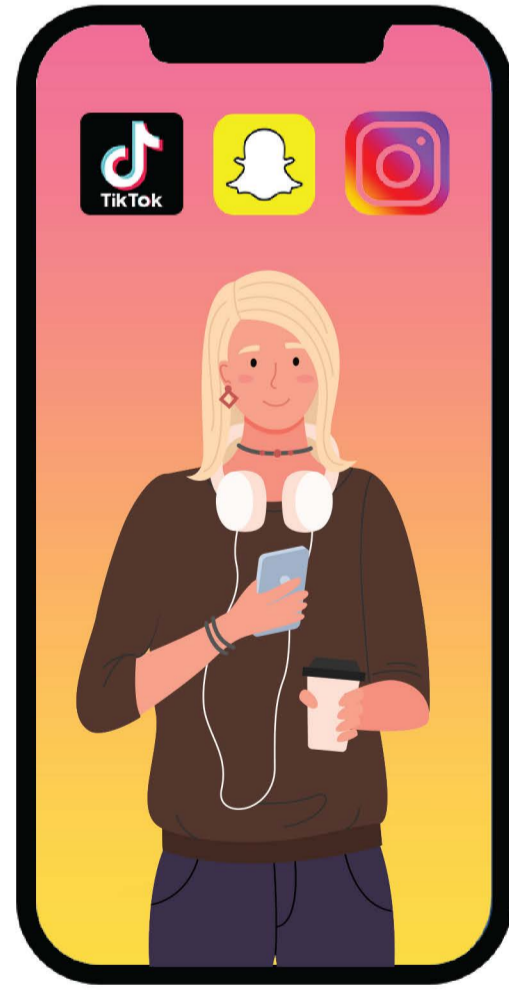
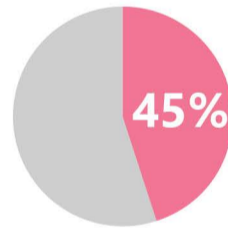


2x

Female youth living in these situations are at least twice as likely to have misused substances in the past 30 days.

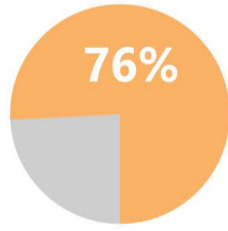
Social Media use is up

Those spending **3+ hours** on social media per day (**45% of female teens**) were far more curious to use substances with more using marijuana, alcohol, and pills within the past 30 days.



Support from friends is down

76% of female teens feel "completely" or "mostly" supported by friends, **down from 82%** pre-pandemic. More support from friends correlates with lower substance experimentation.



Let's help our female youth continue to Rise Above

Connect youth to real, relevant facts about commonly misused substances as well as strategies to empower themselves and their peers to continue to make healthy choices every day.

riseaboveco.org

